

TeamHope Speech and Pediatric Therapy Center offers comprehensive integrated, multidisciplinary evaluations and treatment services for children with autism, developmental disabilities, special needs, and learning disabilities. In addition to assessment and diagnoses, **TeamHope** provides individualized care plans for each child based on our Clinical Director's extensive clinical experience with these populations. Her unique care plans may combine a variety of therapies, among them speech/language, feeding, myofunctional therapy, PROMPT, sensory integration, occupational therapy, physical therapy, play therapy, social thinking groups, verbal behavior, and ABA instruction. **TeamHope** has demonstrated a commitment to the ASD community with a reputation that is highly regarded among a variety of specialists that serve as a frequent referral source. This standard of excellence in care and treatment philosophy is grounded in the best practice guidelines that dictate that an appropriate intervention program should consider many different components to successfully treat the unique pattern of challenges and strengths of autistic children and their families. With a commitment to a developmentally based philosophy, **TeamHope** is adept at combining the best of both the developmental and behavioral approaches. As always, **TeamHope** maintains a dedicated, highly trained and specialized staff with expertise in their chosen fields.

TeamHope provides therapeutic services to the pediatric population with a focus on Autism/PDD, Motor Speech Disorders, Fine and Gross Motor Delays, Sensory Disorders, Phonological/Articulation Disorders, Visual Perception Disorders, & Feeding Therapy. Our academically based services address a range of Literacy and Learning Disabilities.

The **TeamHope** therapeutic approach is strongly influenced by developmental principles

and the importance of the motor system to the acquisition of speech/ language skills. The guiding principles of our feeding therapy incorporate a triad of components that address motor skills, sensory tolerance and behavioral responses. Our ability to think "out of the box" and integrate various methodologies is one of the strengths of the **TeamHope** therapeutic approach.

TeamHope strives to provide their families with a level of excellence that includes superior support in navigating clinical, academic, legal and financial issues.

TeamHope's therapy is provided in a play based, child friendly environment at our center. Services are also available for home and school based settings. **TeamHope** has extensive experience treating pediatric, elementary and adolescent age children. We specialize in early intervention (0-3) and therapy is often appropriate for children younger than 18 months of age. Parents are encouraged to seek out qualified, licensed, clinical therapists when necessary to make these determinations.

A brief description of some of our services:

FEEDING THERAPY focuses on the child being able to tolerate and experience a variety of different food textures and tastes to maintain an adequate intake of nutrition. Feeding Therapy is also beneficial for the child who needs to expand the range of foods they regularly eat. **TeamHope's** approach to Feeding Therapy often will integrate Oral Motor and Oral Sensory methods to maximize functional outcomes, and where appropriate behavioral strategies to promote age appropriate feeding skills. Feeding Therapy may also focus on assessing how efficient the child is at self feeding and modify any obstacles that hinder the intake of adequate nutrition.

ORAL MOTOR THERAPY is most often provided within the functional context of **FEEDING THERAPY**. Our approach harnesses techniques that increase range of motion, muscle strength, and coordination of the face and oral structures. Methods to address these concerns may include **Beckman Oral Motor**, **Lori Overland's** or **Sarah Johnson's Protocol**. **ORAL SENSORY THERAPY**, also a component of **FEEDING THERAPY** helps to increase tolerance and adaptability to a variety of sensory input that includes textures, tastes, scents, or temperatures.

SENSORY INTEGRATION DISORDERS may have impact across a variety of domains such as **Self Regulation**, **Sensory and Vestibular Processing**, **Proprioception**, **Visual Perception**, **Tactile System**, **Auditory Processing** and **Motor Planning**. **SELF REGULATION** relates to your child's ability to appropriately achieve, maintain and change their arousal level to a given situation or demand. **SENSORY PROCESSING** is your child's ability to perceive information from the environment, process, organize and then use it effectively to adapt to environmental demands and tasks. **VESTIBULAR PROCESSING** concerns the inner ear and tells your child where their bodies are in relation to gravity. Are we moving? Fast? Slow? Up? Down? The vestibular system provides this kind of input. **PROPRIOCEPTION** is sensory information your child creates when moving joints, or stretching and contracting muscles. It allows your child to know where their body is in space. **VISUAL PERCEPTION** is your child's ability to differentiate size, shape and color. Visual perception also contributes to depth perception, visual attention, and visual memory. The **TACTILE SYSTEM** allows your child to respond to various touch stimuli on the surface of the skin. **AUDITORY**

PROCESSING is a way of describing how your child's brain recognizes and interprets sounds around them. **MOTOR PLANNING** is your child's ability to spontaneously sequence and organize movement in a purposeful, coordinated movement to complete novel motor tasks. Motor planning includes ideation, planning and execution. In other words, what your child wants to do, how they will do it, and then demonstrating it. Some Fine Motor skills are speech, writing, and picking up items. Examples of Gross Motor skills include skipping, bike riding, and climbing. The Motor System is crucial to all aspects of child development.

TeamHope has extensive experience with treating developmental delays and providing early intervention. Our approach to **LANGUAGE THERAPY** is naturalistic and child centered. Interventions for communication are influenced by Dr. Barry Prizant's **SCERTS** model, RDI, the "**FLOORTIME**" model, and **PLAY THERAPY**. Sensory and Gross Motor play are woven into our sessions whenever possible.

ARTICULATION AND PHONOLOGICAL DISORDERS hinder the appropriate production of speech sounds. This negatively impacts intelligibility and how well your child is understood by others. Depending on degree of impairment Traditional Articulation methods may be combined with oral motor techniques for remediation.

It is not unusual for Phonological Disorders to adversely impact the acquisition of **Reading, Writing, Spelling, Comprehension, and Oral Expression**. **LITERACY REMEDIATION** addresses the needs of children who encounter these academic challenges. **TeamHope** offers an individualized approach to address encoding, decoding and difficulties associated with written expression. Instruction may include a variety of phonologically based methods of programs.

In addition to providing private therapy, **TeamHope** is a vendor for the New Jersey Early Intervention System, and is also approved as a clinic/agency by the State Board of Education. Supplemental services for team

evaluations, speech, occupational, physical therapy, home programming and ABA/AVB are also available.

The **TeamHope** staff consists of SLPs, OTs, PTs, BCBA's, Special Educators, Teachers of the Handicapped, Reading Specialists, LDTs & Psychologists.

School Districts: **TeamHope** is available to provide you with supplemental services and home programming.

Our comprehensive services include:

Multi Disciplinary Evaluations

Speech Therapy

Early Intervention
Autism
Asperger's Syndrome
Apraxia
Developmental Delays
Motor Speech Disorders
Oral Motor/Myofunctional Therapy
CAPD (Central Auditory Processing Disorder)
Feeding Disorders
Articulation/Phonological Disorders
Language Learning Disabilities
Literacy and Learning Disabilities
PROMPT
Social Thinking Groups
Play Therapy

Occupational Therapy

Early Intervention
Sensory Integration Therapy
Motor Coordination Disorders
Self Regulation
Visual Motor/Visual Perceptual Disorders
Fine and Gross Motor Delays

Physical Therapy

Early Intervention
Developmental Delays
Myofascial Therapy
Musculoskeletal Disorders
Pulmonary Disorders
Neuromuscular Disorders

**Functional Behavior Assessment and ABLLS
AVB/ABA Instruction/Home Programming**

Please visit our website at www.teamhope.com for additional details on our services.

TeamHope

Speech and Pediatric Therapy Center



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